

MINUTES

European Board of Paediatrics (EBP) EAP Winter Meeting 2023 Hilton Grand Place, Brussels, Belgium Saturday, 2 December 2023 08:15 - 09:15 CET

Chair: Liviana Da Dalt

1. Welcome and apologies

2. Approval of the Agenda

The agenda was approved without comment.

3. Approval of the Minutes of the previous EBP meeting (19 May 2023, Padova)

The Minutes were approved without comment.

4. Matters arising from the Minutes

No Matters arose from the Minutes.

5. European Exam Update (Peter Hoyer)

Overview:

The EBP-EAP exam is recognized as an asset by both the European Academy of Paediatrics (EAP) and the European Board of Paediatrics (EBP). It comes strongly recommended by the Union of European Medical Specialists (UEMS) and CESMA (Confederation of European Specialists in Medicine Associations) as a crucial tool for harmonizing the assessment of knowledge and curricula in Paediatrics across different European countries.

This harmonization not only ensures a consistent level of care but also facilitates the free movement of medical specialists.

Participation: Currently, 34 UEMS sections conduct their respective Board exams.

The exam is designed to evaluate the knowledge of trainees approximately three years into their paediatric training. It is based on a Core curriculum and comprises 120 multiple-choice questions (MCQs) administered online.

The exam is conducted annually to facilitate regular assessment and progression in paediatric training.

2023 Exam

The last exam was held on 21 November 2023. The service providers were CYIM (exam application platform and examination platform) and Paragon Global (secretariat and operations).

Total candidates were 254 from 37 different countries. 211 candidates were European. 84 candidates wrote the examination on site at their universities.

The top 3 European Counties were Italy (143); Belgium (28) and Germany (16).

The exam fees remained consistent, with Paediatric Trainees in European Centres paying EUR 230. A discount of 170 Euro was granted to groups with more than 10 participants by a single Institution (140 Euro per onside examination, given the non-need for distance proctoring)

The projected income (with some outstanding fees to collect) is about EUR 61,000.

The future of the Exam:

Continuation of Annual Exam: The annual EBP-EAP exam will persist, ensuring a consistent evaluation platform for paediatric trainees.

Enhancement of Question Bank: Efforts are underway to continually enrich the question bank,

enhancing the breadth and depth of exam content.

Enhanced Candidate Feedback: Improvements are being made to provide more comprehensive and useful feedback to exam candidates, facilitating their learning and development.

The ETR pertaining to the Core Curriculum is being updated to reflect evolving educational standards and requirements.

Promotion Efforts: There is a strong emphasis on promoting the exam within the paediatric community, aiming to increase awareness and participation among prospective candidates.

6. EAP Learning update

Core Knowledge in Paediatrics Course

Overview:

The Core Knowledge of Paediatrics course offers a comprehensive overview of essential concepts in paediatrics through an online platform.

Launched in 2021, this course has quickly become an integral part of paediatric education. The course is conducted yearly in October, spanning two days over a weekend, typically Friday and Saturday.

Participants benefit from live sessions during the course, with access to recordings available for three months thereafter. This extended access period allows for convenient review and reinforcement of learning.

The content of the course is meticulously designed to cover the Core Knowledge in Paediatrics, aligning closely with the European Paediatric Curriculum. This alignment ensures that participants receive education that meets internationally recognized standards.

Case-based presentations form the foundation of the course, providing practical, real-world scenarios to enhance understanding and retention of key concepts.

Target Audience: The course caters to a diverse audience, including candidates preparing for the EBP/EAP exam, trainees sitting other paediatric exams, and fully qualified paediatricians seeking a comprehensive update on current practices and guidelines.

Overall, the Core Knowledge of Paediatrics course serves as an invaluable resource for paediatric professionals at various stages of their careers, offering high-quality education accessible from anywhere with an internet connection.

The 2023 CKP Course:

Participation in 2023 increased slightly (from 82 to 98 paying participants, total participants increased from 124 to 143). 100 of respondents to the post-event survey indicated that they would recommend the course to a colleague.

Registration Details:

Early-Bird Registration: Ended on 10 September, offering a discounted rate of $120 \in$ for participants who register early.

Regular Registration: From 11 September to 26 September, registration fee was at the standard rate of 150 €.

Late Registration: From 27 September to 13 October, late registrants could join the course at a rate of 170 €.

Other Discount Opportunities:

Discounts for Exam Takers and Groups: Special discounts are available for individuals taking paediatric exams and groups with more than 10 participants. These discounts have been significantly reduced following suggestions made during the Winter meeting of 2022, making the course more accessible to a wider audience.

These registration options and discounts aim to accommodate participants' preferences and ensure that the course remains accessible to all who wish to benefit from its educational offerings.

The future of the Course:

Recognizing the necessity of providing learning resources across Europe, the CKP course is positioned as a crucial initiative supported by the European Academy of Paediatrics (EAP) and the European Board of Paediatrics (EBP).

Continuation of the Course: The CKP course has garnered significant success and satisfaction among participants, affirming the intention to continue it annually. This commitment reflects the ongoing dedication to advancing paediatric education and fostering professional development.

Involvement of Young Professionals: The organization and execution of the course can rely on the enthusiasm and capability of young professionals. Their active participation ensures the course remains dynamic and relevant to the evolving needs of the paediatric community.

Call for Volunteers: Volunteers are sought to contribute to the running of specific sessions within the course. Their involvement is instrumental in delivering high-quality educational content and facilitating engaging learning experiences.

Emphasis on Promotion: Effective promotion is essential to reach a wider audience and maximize the course's impact. Through strategic promotion efforts, the CKP course can attract more participants and enhance its reach within the paediatric community.

7. ETRs & UEMS activities

EACCME:

the European Accreditation Council for Continuing Medical Education (EACCME) by the UEMS in January 2000. The EACCME was created to promote excellence in the development, delivery, and standardization of continuing medical education (CME) and professional development (CPD) across Europe and beyond. Its primary objectives include accrediting international CME activities in Europe and facilitating the recognition of credits among different countries. To achieve these goals, the UEMS-EACCME entered into cooperative agreements with European countries as well as countries outside Europe.

The committee expressed gratitude to all reviewers, including Jean-Christophe Mercier, Alfred Tenore, and Rob Ross Russell. Special recognition was given to Ana Margarida Neves for her exceptional contribution, consistently providing over 50 reviews annually.

There was a general call for volunteers to participate in EACCME activities.

ETRs:

The purpose of the ETR (European Training Requirements) is to outline the expected competencies for specialist trainees, specialists, and specialist training institutions in various specialties through formalized training and organization. By establishing these standards, the ETR aims to ensure European-wide consistency in specialties, incorporating contemporary medical practices and current scientific knowledge. It serves as a supplementary framework to national authorities' definitions of postgraduate training content. ETRs offer valuable guidance not only to UEMS divisions, working groups, and multidisciplinary joint committees but also serve as excellent guidelines for national competent authorities, both within Europe and beyond.

While 96 ETRs were adopted by the UEMS Council, there are only 10 ETRs in Paediatrics that were adopted.

The long process of adapting the ETR's were elaborated, with a deadline in January (before the first council meeting of UEMS) and the deadline of July (before the second Council Meeting of UEMS).

According to UEMS rules, ETRs should mirror contemporary medical practices and incorporate the latest scientific discoveries. The UEMS recommends updating these requirements every three years to ensure they remain aligned with current standards and advancements in the field. 6 of the Paediatric ETRs, currently need revision. Among these, the Paediatrics Common Trunk needs urgent mandatory revision by July 2024. The ETR in Paediatric Metabolic Medicine and the ETR for Competence in Paediatric and Neonatal Intensive Care are currently being updated.

Future:

The Working Groups seek to welcome new volunteers, fostering fresh perspectives and enhanced collaboration. They are dedicated to sharing the process leading to the adoption of ETRs by UEMS, ensuring transparency and widespread understanding.

Maintaining close ties with Paediatric Scientific Societies remains a priority, facilitating continuous exchange of insights and expertise.

Looking ahead, the focus will be on promoting the implementation of ETRs in diverse countries, thereby advancing harmonization and excellence in paediatric training across Europe and beyond.

8. Any Other Business

In a general update the chair highlighted the UEMS Council meeting that took place on 20-21 October in Malta, where four vice presidents were elected.

No other business was discussed.

Nora Karara mentioned that it would be valuable to make it mandatory for each country to submit at least two questions for the EBP Exam. This would have to be done after thorough review of the question writing guidelines and also in dedicated working groups.



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