

HEALTH AT SCHOOL IN EUROPEAN COUNTRIES



Introduction

APEE / AEPE

- This is the Inquiry which allows the AEEP/EAPE in collaboration with EAP primary Care group to define the core curriculum in Primary Care Paediatrics for School teachers in Europe
- some remarks:
- 1) An inquiry can be, in extension, widely variable. In my opinion it is preferable to be short rather than extense.
- 2) The European teaching systems are very different according to the country.



3 Main Systems

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- •- French (Napoleonic): France, Spain, Italy, Belgium, Portugal, Switzerland
- •- English: UK, Ireland, Denmark and the Northern countries.
- •- German : (Humboldtian) : Germany, Austria, Czech republic



1 - WHAT IS THE ORGANISATION OF THE EDUCATIONAL SYSTEM

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1 / This organization is it

centralized ?

which ministry ?

regional ?

mixed ?

2/ What is the length of compulsory schooliing ?

From what age ? To what age ?
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3/ How is this education distributed? what are the different cycles?



2 - WHAT IS THE ORGANIZATION OF THE HEALTH SYSTEM IN SCHOOLS?

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Is it

student health service (doctors, nurses)?

Dependent of which ministry? which one?

Dependent on a territorial authority

Dependent on another institution



Who are they?

Public health physicians?
Pediatricians?
other specialities?
General Practioners?
Public Heath nurses?
care and prevention nurses?



What are their missions?

- Health Check-ups?

At what age?

With what aim?

- Follow-up - medical Infants with special needs (students with disabilities or suffering from chronic diseases)

What are the intervention methods (home, coaching, management, monitoring, links with external medical structures)

- Health Education

What are the intervention methods (individual or public group)

With what partnership: within school? Outside school?



3 TRAINING OF EDUCATION AND PROFESSIONAL SCHOOL HEALTH

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1/training of health professionals working in schools

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A- initial training
is it integrated?
in the university curriculum?
in adaptation as part of employmen
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on which approach
public health
social paediatrics
youth medicine
multidisciplinary teamwork

B- CME are there regulations?



3 TRAINING OF EDUCATION AND PROFESSIONAL SCHOOL HEALTH

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2/ training of education personnel

initial and continuing training training location?
the objectives?
Priority themes?
transdisciplinary work?

who are the trainers?



AEEP/EAPE Teaching The Teachers

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- According to the AEEP project the school teachers' education must include knowledge, practical skills and attitudes on:
- 1. Biological, psychological and social conditions of children.
- 2. Functions and tasks for promotion of children's health
- 3. Functions and tasks for promotion of adolescents and adults health
- 4. First aid.
- 5. Basic care for handicaps and chronic diseases
- WHAT IS THE CURRICULUM IN PRIMARY CARE FOR THE SCHOOL TEACHERS FOR YOUR OPINION?



AEEP/EAPE Meeting March 6-7, 2015 Budapest, Hungary Hotel Helia

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Health promotion of schoolchildren

- 1 Teaching of theachers
- Dietary background, physical excercise, nutrigenomica
- 3 Free oxygen radicals and antioxidation
- 4 Diseases of carbohydrate and fat metabolism
- •5 Prevention of atherosclerosis in childhood and adolescent ages