

# Paediatric care for the child with a rare condition, where East and West meet

Liesbeth Siderius  
The Netherlands



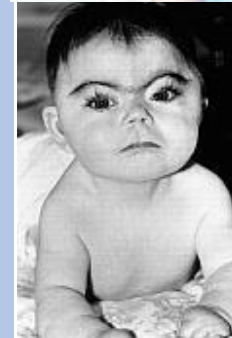
# Disclosure Statement

I declare that I have no potential conflict of interest.

# Rare is Common in Pediatrics



- A disease or disorder is defined as rare in Europe when it affects less than **1 in 2000**.
- There are between **6000** and 8000 rare diseases: **5-8%** population
- 80% of rare diseases are of genetic origin, and are often **chronic** and **life-threatening**
- 50-75 % manifests in **childhood**, almost each chronic condition in childhood,
- < 5 y 2-3 % have a rare disease



EPA Dublin 2019

The burden of rare disease is considerable, with around 350 million affected individuals worldwide.

This is in the same range as main and more 'visible' non-communicable diseases such as diabetes.

# NGO Committee for Rare Diseases

The goals of the NGO Committee for Rare Diseases are fully aligned with many of the 17 Sustainable Development Goals (SDGs), and support the UN's vision to create a world where every single human can lead a dignified life.

The United Nations Sustainable Development Goals (SDG)  
#3 “Ensure healthy lives and promote well-being for all ages”.

The United Nations has emphasized the need to:

- end preventable deaths of new-borns and children under five
- end avoidable mortality caused by non-communicable diseases
- achieve universal health coverage
- support the research and development of medicines

2016

3 GOOD HEALTH  
AND WELL-BEING





# 1 End Poverty in all its forms everywhere

# 3 Ensure healthy lives and promote well-being for all at all ages

# 4: Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all

# 5: Achieve gender equality and empower all women and girls

#10: Reduce inequality within and among countries

#17: Revitalize the global partnership for sustainable development



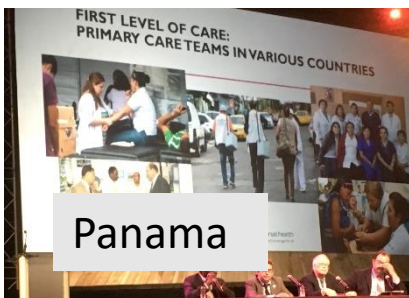
NGO COMMITTEE FOR  
**RARE DISEASES**





The NGP Committee for Rare Diseases aims to: act as an open forum to **collect, share and disseminate information and research** on the global dimensions of rare diseases encourage the dialogue between public, private and civil society groups boost the role of science, technology and innovation as an enabler of the 2030 agenda.

*As pediatricians we share information, on children with rare and disabling conditions and contribute to research, training.....*



Panama



Vilnius, Lithuania



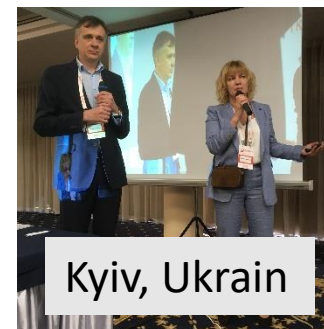
Tbilisi, Georgia



Colombo, Sri Lanka



Xi An, China



Kyiv, Ukrain



Persons living with a rare disease tend to remain a **marginalised and invisible population**, with **little information** available about their diseases and very few treatment options. They suffer inequality in accessing health care services and treatment, and in the prices they have to pay, due to their social status or their country of origin.

*As pediatricians we inform and support patient organisations and individual families*



AlportS  
Ohrid



DucheneMD  
Gdansk



ShwachmanDS  
Hannover



Developmental  
disabilities,  
Kolkata

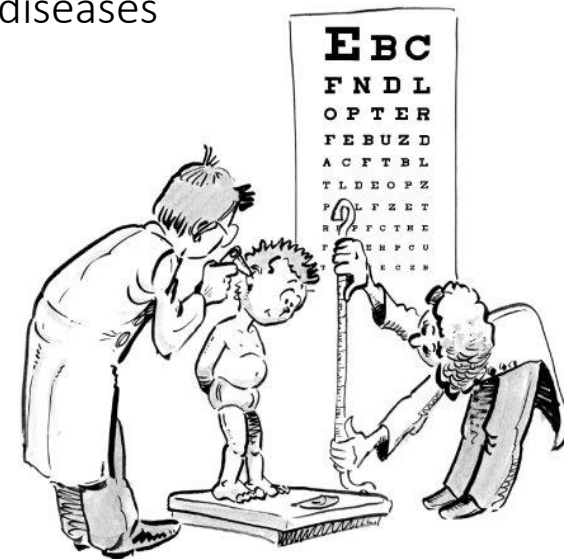




The United Nations has emphasized the need to:

- end preventable deaths of new-borns and children under five
- end avoidable mortality caused by non-communicable diseases
- achieve universal health coverage
- support the research and development of medicines

*As pediatricians we provide (Preventive) Child Health Care*



Georgia



Netherlands



Sweden



Lithuania



Sri Lanka





# What can we, pediatricians, do more or better?

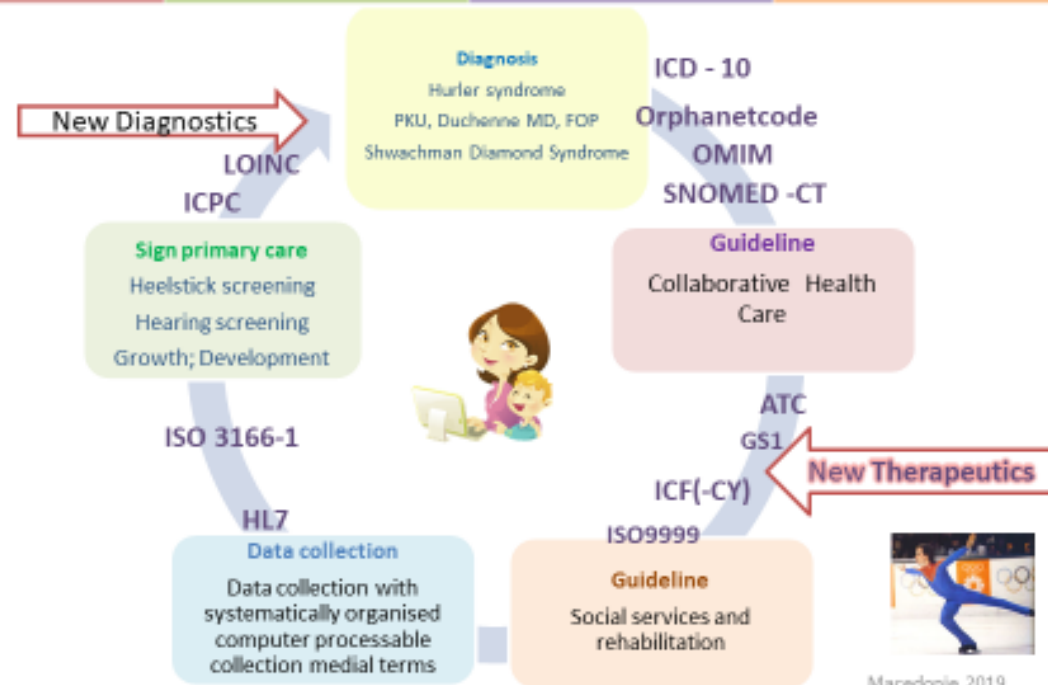
Global Child Health Schemes

Implement New Diagnostics

Inform Society

Digital Child Health Data

Patient Information	Primary Care	Diagnosis Collaborative care	Social Services
www.shwachman.nl	Growth retardation Recurrent infections (LOINC)	Guideline SDS (Orphanetcode; SNOMED, ATC e.a.)	Recurrent illness Fatigue, Short (ICF-CY; ISO 9999)



Macedonie 2019



American Academy of Pediatrics  
DEDICATED TO THE HEALTH OF ALL CHILDREN™



Models of Child Health Appraised  
(A Study of Primary Healthcare in 30 European countries)



## 2015 Recommendations for Preventive Pediatric Health Care

Bright Futures/American Academy of Pediatrics

Each child and family is unique; therefore, these Recommendations for Preventive Pediatric Health Care are designed for the care of children who are receiving competent parenting, have no manifestations of any important health problems, and are growing and developing in satisfactory fashion. Additional visits may become necessary if circumstances suggest variations from normal.

Developmental, psychosocial, and chronic disease issues for children and adolescents may require frequent counseling and treatment visits separate from preventive care visits.

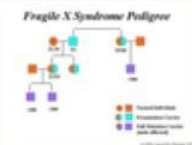


These guidelines represent a consensus by the American Academy of Pediatrics and the American Academy on Child and Adolescent Psychiatry. The AAP continues to emphasize the great importance of comprehensive health supervision and the need to avoid fragmentation of care.

Refer to the specific guidance by age as listed in Bright Futures. Shaw JS, Duncan PM, eds. *Bright Futures Guidelines for Health Supervision of Infants, Children, and Adolescents*. 3rd ed. Elk Grove Village, IL: American Academy of Pediatrics; 2014.

AGE <sup>1</sup>	INFANCY								EARLY CHILDHOOD							
	Prenatal <sup>2</sup>	Newborn <sup>3</sup>	3-5 d <sup>4</sup>	By 1 mo	2 mo	4 mo	6 mo	9 mo	12 mo	15 mo	18 mo	24 mo	30 mo	3 y	4 y	5 y
<b>HISTORY</b>																
Initial/Interval	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
<b>MEASUREMENTS</b>																
Length/Height and Weight																•
Head Circumference																•
Weight for Length																•
Body Mass Index <sup>5</sup>																•
Blood Pressure <sup>6</sup>																•
<b>SENSORY SCREENING</b>																
Vision																•
Hearing																•
<b>DEVELOPMENTAL/BEHAVIORAL ASSESSMENT</b>																
Developmental Screening <sup>9</sup>																•
Autism Screening <sup>10</sup>																•
Developmental Surveillance																•
Psychosocial/Behavioral Assessment																•
Alcohol and Drug Use Assessment <sup>11</sup>																•
Depression Screening <sup>12</sup>																•
<b>PHYSICAL EXAMINATION<sup>13</sup></b>		•	•	•	•	•	•	•	•	•	•	•	•	•	•	•

**Global Child Health Schemes**  
- Collaborate on a minimal global set for measurements, observations and surveillances










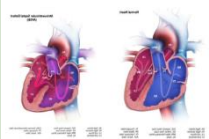



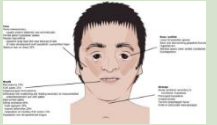
'After first symptoms, **battle for diagnosis**, which can last for years'  
**Identifying children** with a disability through **primary care**,  
 child health **surveillance**, and **vaccination programs**

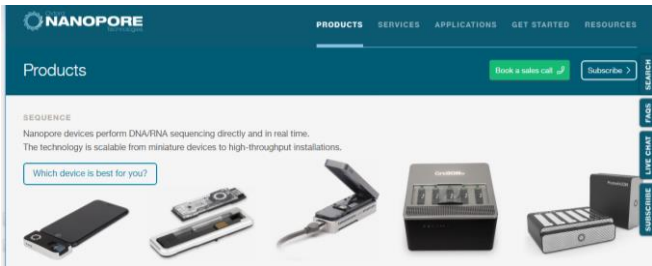
Preventive Child Health	age	feature	Rare Disease
Family history 	neonatal	X linked and autosomal recessive & dominant	<ul style="list-style-type: none"> <li>• Fragile X</li> <li>• Neurofibromatosis</li> </ul>
Heel stick screening	neonatal	National program	<ul style="list-style-type: none"> <li>• Thallasemia</li> <li>• Phenyl Keton Uria</li> </ul>
Hearing screening <i>Otoacoustic emission</i> 	neonatal	Hearing deficit 0,2% > 76% cause identified 39% - 60% genetic , 30% aquered (cytomegalovirus) Other causes	<ul style="list-style-type: none"> <li>• Usher syndrome</li> </ul> 50% hereditary forms combining deafness and blindness prevalence of 3 to 6.2 per 100,000
<i>Automated Auditory Brainstem Response</i>			
Congenital anomaly	neonatal	Club feet 1/700-1/1000 of liveborns 	20% associated with <ul style="list-style-type: none"> <li>• distal arthrogryposis,</li> <li>• congenital myotonic dystrophy, or other genetic</li> </ul>







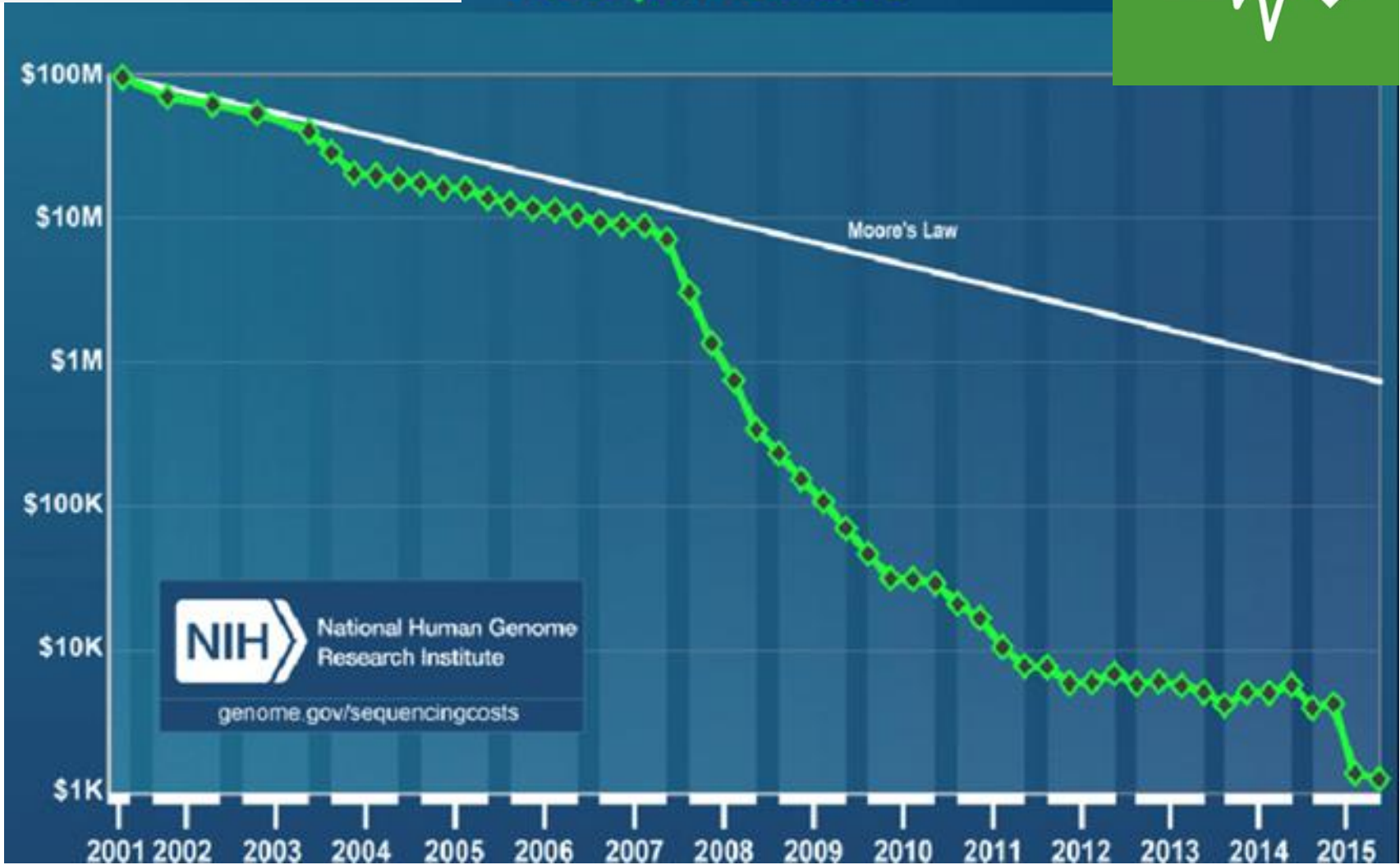
	Disease	Associated RISK
	Microtia	Conductive Hearing loss 
	Ear Tags	The A.A.P. endorses universal <b>hearing screening</b> regardless of the presence or absence of preauricular skin. No recommendations or guidelines about the role of renal ultrasonography. 
	Beckwith Wiedemann Syndrome	Most of the <b>tumors</b> associated with BWS occur in the first 8–10 years of life with very few being reported beyond this age; most common are Wilms tumor and hepatoblastoma. 
	Goldenhar Syndrome	<b>Hemivertebrae</b> 
	Down syndrome	Congenital <b>cardiac anomalies</b> 
	Brachio Oto Renal Syndrome	<b>Renal disease</b> 
	Treacher Collins syndrome	<b>Early operations focus on maintaining the airway, protecting the eyes, and auditory neurological development.</b> 



Point of care, bloodspot  
3 hours, whole genome

**3 GOOD HEALTH AND WELL-BEING**

## Cost per Genome





## Implement New Diagnostics

- Translate new genetic diagnostics in daily practice management





# Girl 11 month Vaccination DKTP Hib HepB + Pneu



[Curr Top Microbiol Immunol](#). Author manuscript; available in PMC 2011 Aug 31.

PMCID: PMC31  
NIHMSID: NIHMS3  
PMID: [205](#)

Published in final edited form as:

[Curr Top Microbiol Immunol](#). 2010; 347: 21–41.  
doi: [10.1007/82\\_2010\\_68](#)

## Oncogenic Mutations of PIK3CA in Human Cancers

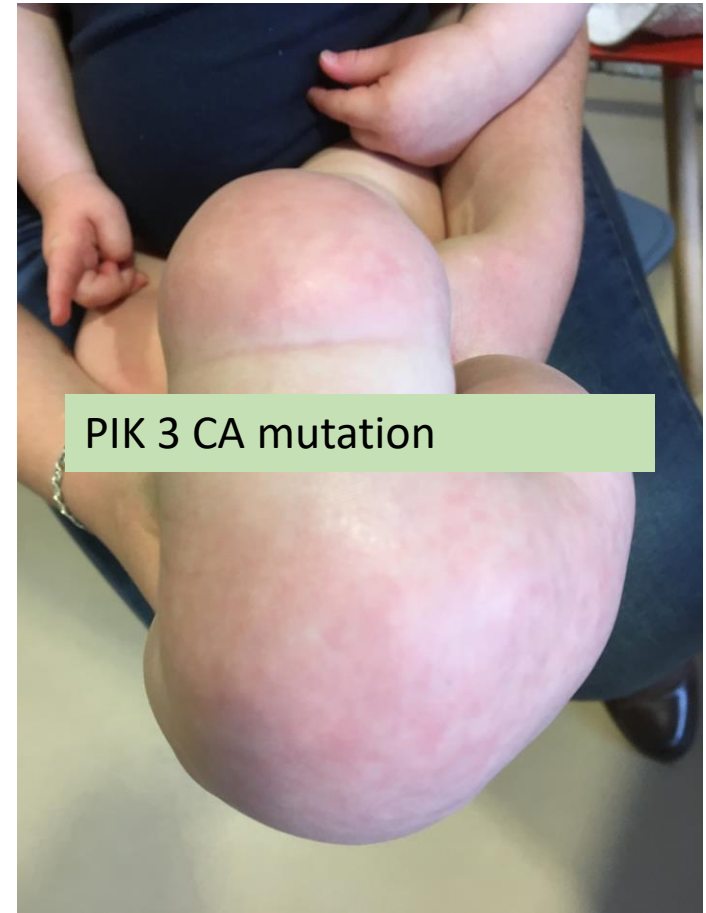
[Yardena Samuels](#)<sup>✉</sup> and [Todd Waldman](#)

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See other articles in PMC that [cite](#) the published article.

### Abstract

What is the clinical diagnosis?  
Are there medical guidelines?  
What social support is available?





# Inform Society

- Learn about the daily life with a rare condition
- Support solutions to help overcome inequalities

## Rare diseases seriously impact everyday life

**7 in 10** patients & carers

reduced or stopped professional activity due to their or their family member's rare disease.



**8 in 10** patients & carers

have difficulties completing daily tasks (household chores, preparing meals, shopping etc.)



**2/3** of carers

spend more than 2 hours a day on disease-related tasks.



**3 times** more people

living with a rare disease and carers report being unhappy and depressed than the general population\*



\* Rare Barometer Voices sample compared to International Social Survey Programme, 2011



Rare Barometer Voices is a EURORDIS-Rare Diseases Europe online survey initiative. It brings together over 6,000 patients, carers and family members to make the voice of the rare disease community stronger. Results are shared with policy decision makers to bring about change for people living with a rare disease.

**3,071**  
people responded to the survey.

The survey was conducted in  
**23** languages across  
**42** countries



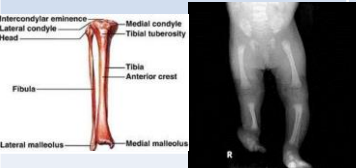
Thank you to all Rare Barometer Voices participants and partners!

For more information visit [eurordis.org/voices](http://eurordis.org/voices) or email [rare.barometer@eurordis.org](mailto:rare.barometer@eurordis.org)

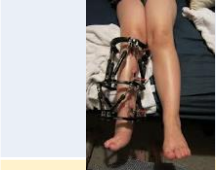
# Fibula Hypoplasia – ICF International Classification, Functioning, Disability and Health



First Feature



Diagnosis  
Fibula Hypoplasia



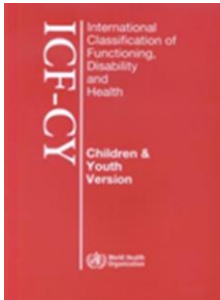
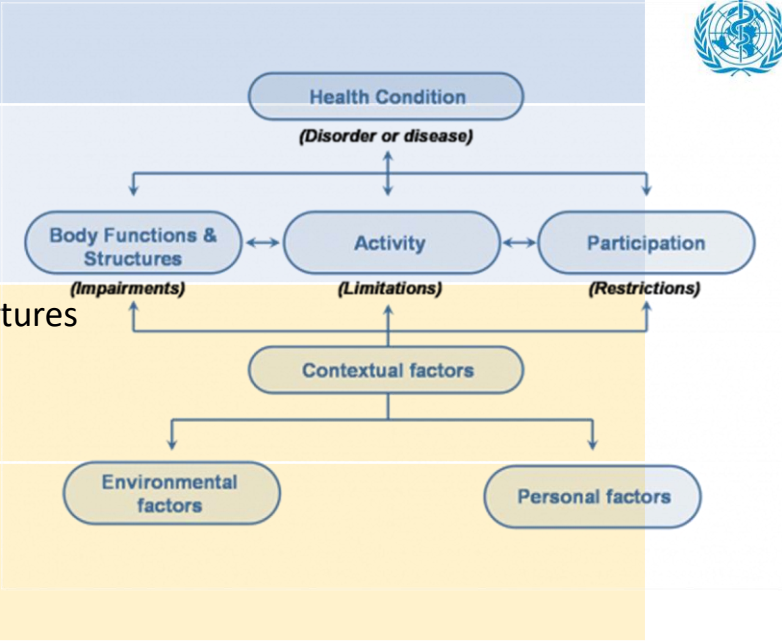
Medical Guideline



ICF : Body Functions & Structures



ICF: Activity  
Participation





# Global Preventive Child Health Checks Home-based records

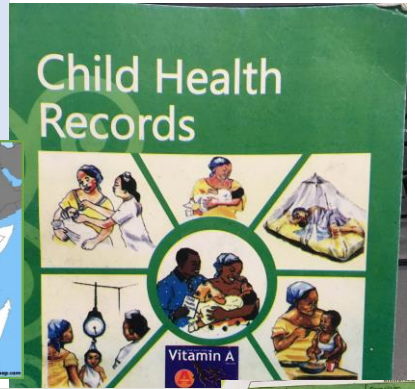
- Growth, development, physical examination,
  - Family history, heel stickscreening, hearing
  - Vaccination
- E- Health



Poland



Ghana



**Stages of Growth (Development Milestones)**

It is important to follow your child's growth. There are a few signs you follow the growth and development of your child from birth to

**Look out for these signs**  
A child might have a problem in these areas when the child shows following behaviours/signs.

**Hearing - if the child:**

- Does not turn towards the source of new sounds or voices
- Has frequent ear infection, (discharge from ear, earache)
- Does not respond when you call unless he/she can see you
- Does not talk or talks strangely.

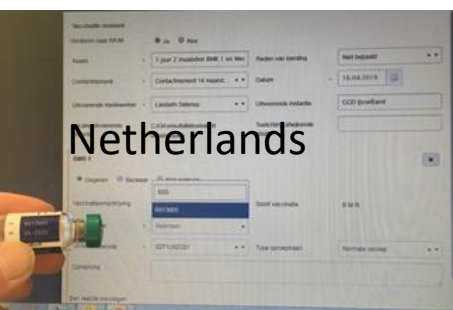
**Seeing - if the child:**

- Has red or discharging eyes
- Has a cloudy appearance of the eyes
- Frequently rubs eyes and say they hurt
- Often bumps into things while moving around
- Hold head in an awkward position when trying to look at something
- Has eyes which sometimes or always look in different directions (squints)
- Has a white spot in the eye.

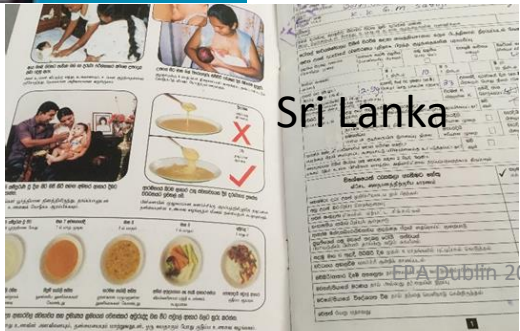
WHO recommendations on home-based records for maternal, newborn and child health? Web annex A. Evidence base (GRADE and CERQual profiles)



Spain



Netherlands



Sri Lanka



# Digital Child Health Data

- Learn about e-health to be an equal partner in global digital health



**90%**  
agree

To access their own health data  
(requiring interoperable and quality health data)

**80%**  
agree








To share their health data  
(if privacy and security are ensured)

**80%**  
agree

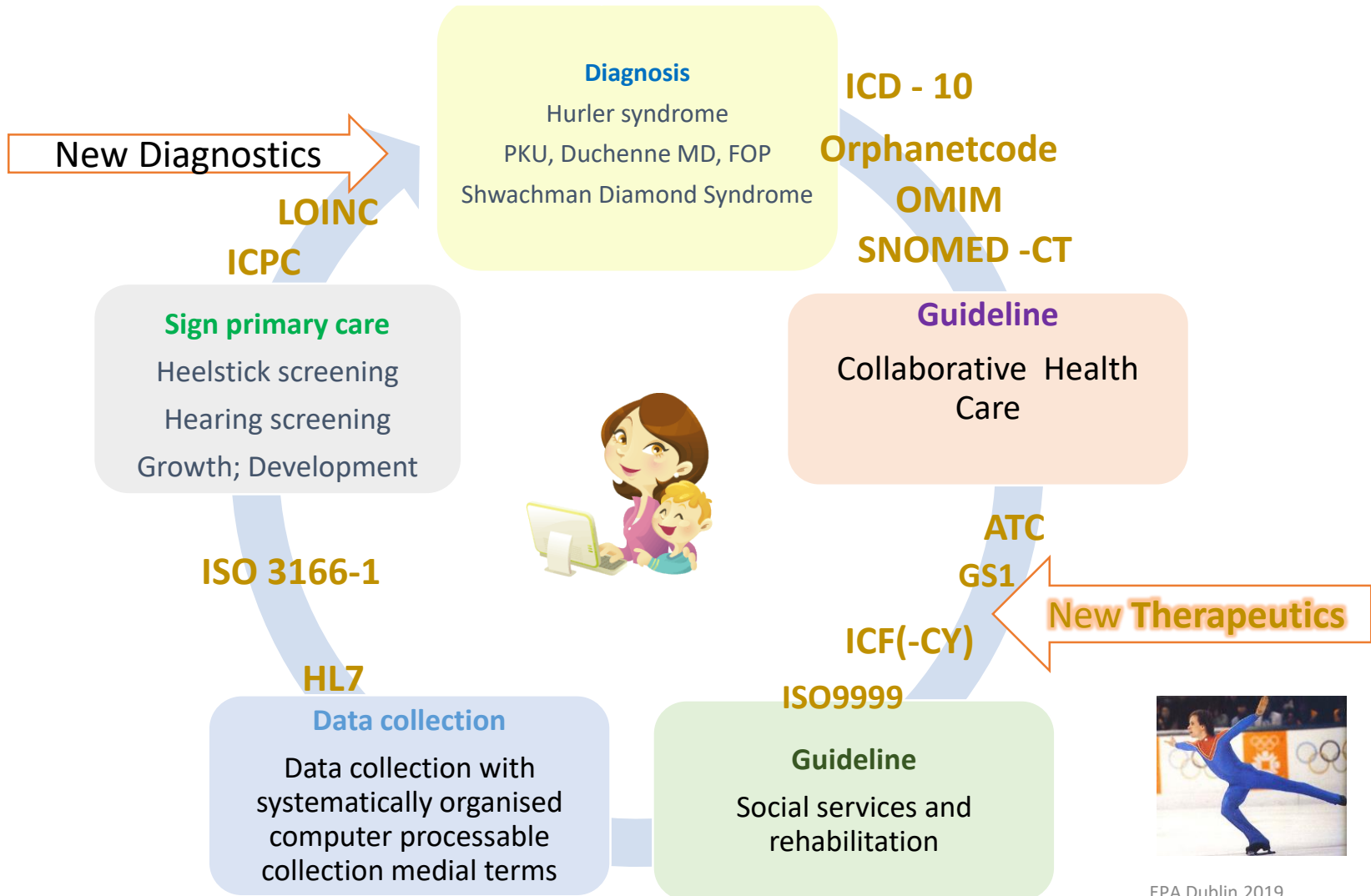
To provide feedback on quality of treatments





Codification	Meaning	 World Health Organization
ICD & Orpha code	International Code of <b>Diseases</b> / Orphanet code	
ICF (-CY) 	The <i>International Classification of Functioning, <b>Disability</b> and Health for Children and Youth (ICF-CY)</i> is a derived version of the <i>International Classification of Functioning, Disability and Health (ICF, WHO, 2001)</i> designed to record characteristics of the developing child and the influence of environments surrounding the child .	
LOINC 	A universal code system for <b>tests</b> , measurements, and observations.	
ICPC	ICPC-2 classifies patient data and clinical activity in the domains of General/Family Practice and primary care, taking into account the frequency distribution of problems seen in these domains.	
ATC 	The purpose of the ATC/DDD system is to serve as a tool for <b>drug</b> utilization research in order to improve quality of drug use.	
ISO 9999 	ISO 9999:2011 establishes a classification of <b>assistive products</b> , especially produced or generally available, for persons with disability.	

<b>Patient Information</b>	<b>Primary Care</b>	<b>Diagnosis Collaborative care</b>	<b>Social Services</b>
www.shwachman.nl	Growth retardation Recurrent infections (LOINC)	Guideline SDS (Orphanetcode; SNOMED, ATC e.a.)	Recurrent illness Fatigue, Short (ICF-CY; ISO 9999)



EPA Dublin 2019

# What can we, pediatricians, do more or better?

## Global Child Health Schemes

- Collaborate on a minimal global set for measurements, observations and surveillances

## Implement New Diagnostics

- Translate new genetic diagnostics in daily practice management

## Inform Society

- Learn about the daily life with a rare condition
- Support solutions to help overcome inequalities

## Digital Child Health Data

- Learn about e-health to be an equal partner in global digital health





10 Rare Diseases	Primary disease	Open information	Code
Anal Atresia	C...	 	ICD
Craniosynostosis Treacher Collins			Code Dutch child health
Cystic Fibrosis			ICD Orphacode
Duchenne Muscular D...			ICF - CY, LOINC
Fibrodysplasia Ossific...			Code Dutch child health
Glaucoma / Cornea Hurler S cornea			ICD
Neurofibromatosis			Code Dutch child health
Rett syndrome			ICF- CY cm
Shwachman Diamond Syndrome	G. neutro		Kg, cm, LOINC
Sickle Cell Disease	Heel Stick Scr...	 	ICD, LOINC, orphacode

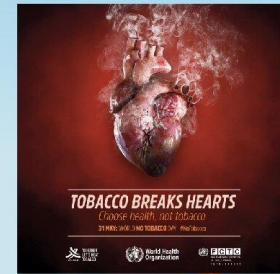
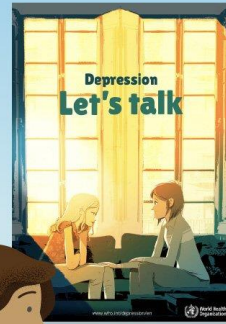
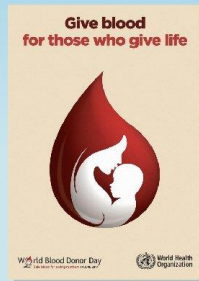
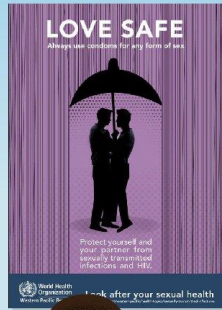
Global consensus in  
CHILD HEALTH



Child and adolescent **global** health challenges; The first **1000 days** and life long effects; Co-creating integrated care for children with **complex care** needs: lessons from Europe; Maternal impact and **epigenetic** influences; Clinical and molecular features of twenty children with **hyper-IgE** syndrome caused by STAT3 gene mutation in mainland; Clinical and molecular features of twenty children with hyper-IgE syndrome caused by **STAT3 gene** mutation in mainland ; New developments and treatments in paediatric haematology and oncology; **Home based** parent held medical records in Europe Update on **sickle cell** disease and its management; Signs and symptoms of **paediatric cancer**: clues for early diagnosis; The **genomics** revolution and its clinical implications; Expanding newborn **screening**, the endless possibilities...; **Immunodeficiency**; Metabolic and rare diseases: new effective treatments; Nephrology new treatments; **Cystic fibrosis** - new treatments; **Genetic** screening; Latest developments in **autism** genomics and future directions; **Cholesterol** screening; Infants with complex needs/life-limiting conditions; Children's **medicine**: development and regulation; The incidence of **congenital heart** disease in Baku-Azerbaijan. Prospective epidemiology study; Is **down syndrome** related arthritis (DA) a distinct disease from Juvenile Idiopathic Arthritis (JIA)?; The population incidence of childhood **gonadoblastoma** over 20 years in the Republic of Ireland; Re-interrogation of **whole exome** sequencing data in developmental epileptic encephalopathies; A retrospective study of **myeloid leukaemia** in children with down syndrome in Ireland; 114 cases of chronic **granulomatous** disease in mainland China; Inhibitors in Albanian children with **hemophilia A**; **Von Willebrand** disease reclassification in a national paediatric comprehensive care centre; National newborn screening for **cystic fibrosis**: genetic data from the first 6 years

>29 presentations Rare Diseases

# Health is a human right for everyone, at every age.



June 11, 2019



World Health Organization



***The Convention of the Rights of the Child*** and the ***Convention of the Rights of Persons with a disability*** highlight how **children with a disability have the same rights as other children.**

Children with disabilities and their family have ordinary needs and must have access to **mainstream programs** and services.

Thank you  
[e.siderius@kpnplanet.nl](mailto:e.siderius@kpnplanet.nl)

