

MINUTES

Adolescent Health and Medicine Working Group (AM&H)

Chair: Artur Mazur

08:00-09:30 18 May 2018

1. Welcome - Artur Mazur.
 2. Introduction of Working Group Members.
 3. Information about publications in 2017.
 - a. Michaud PA, Schrier L, Ross-Russel R, van der Heijden L, Dossche L, Copley S, Alterio T, Mazur A, Dembiński Ł, Hadjipanayis A, Del Torso S, Fonseca H, Ambresin AE. Paediatric departments need to improve residents' training in adolescent medicine and health: a position paper of the European Academy of Paediatrics. *Eur J Pediatr.* 2018 Apr;177(4):479-487. doi: 10.1007/s00431-017-3061-2.
 - b. Mazur A, Caroli M, Radziewicz-Winnicki I, Nowicka P, Weghuber D, Neubauer D, Dembiński Ł, Crawley FP, White M, Hadjipanayis A. Reviewing and addressing the link between mass media and the increase in obesity among European children: The European Academy of Paediatrics (EAP) and The European Childhood Obesity Group (ECOG) consensus statement. *Acta Paediatr.* 2018 Apr;107(4):568-576. doi:10.1111/apa.14136.
 4. Presentation of the European survey on training in adolescent medicine and health - Łukasz Dembiński
 - a. Answers from 36 European countries. Combine data from EAP, YougEAP and MOCHA Members.
 - b. Presentation of general results.
 5. Presentation of new projects of AM&H Working Group - Artur Mazur.
 - a. Physical activity in the prevention childhood obesity - EAP and ECOG position paper draft.
 - b. Soda and Energy drinks in schools - EAP and ECOG position paper draft.
- ☐ Discussion about the extension of targeted age group - from birth to 18 years old.
- c. Eating disorders consensus.
 - d. Substance use screening, guidance for intervention and treatment.

6. European training in effective adolescent care and health - Artur Mazur.

Discussion:

a. What are the legal age limits of adolescence?

☒ WHO: second decade of life, 10-19 years of age.

b. Do we actually need a sub-specialization now?

☒ In the paediatric curriculum there is a chapter on adolescent medicine.

☒ We do not have the support among adult doctors.

Artur Mazur